

## Who are we?

We are a team who specialise in working with babies and young children.



Rebecca



Debbie

## Why do we do it?

Scientific evidence tells us that play and talking with your baby is important!



*I now have much better ideas how to play with my baby and enjoy time together"*

To find out more, scan these QR codes:

**Relationship**



**Communication**



ONE  
HOUNSLOW

**FAMILY HUB**

## Where and when do we meet?



Tuesdays  
1:00pm



Family Hub West  
(Alf King)



# Baby TLC

**'Talk, Listen,  
Connect'**



**Contact us**

[familyhub@hounslow.gov.uk](mailto:familyhub@hounslow.gov.uk)

[www.hounslow.gov.uk/familyhubs](http://www.hounslow.gov.uk/familyhubs)



London Borough  
of Hounslow

ONE  
HOUNSLOW

**FAMILY HUB**

## What happens during Baby TLC?



1. We say hello to you and your baby
2. We sit together on the mat with sensory toys and notice how your baby plays
3. We introduce you to other parents and let you chat together
4. We tidy up
5. We have song and storytime
6. We say goodbye.

## What do you need to know?

Baby TLC is a space where you can spend time, think about and be with your baby.

Baby TLC is for all parents with babies living in Feltham.

We encourage you to come every week so that you can make the most of the group and make friends more easily.

During the group, we ask that you put your phone away so you can be with your baby and play!

## What do we do?



### We focus on relationships

- The relationship between you and your baby
- The relationship between your baby and other babies
- The relationship between you and other parents
- The relationship between you and the Parent and Baby team.

### We play!

- We encourage you to follow the baby's lead
- We learn through play with sensory toys, stories, song and rhyme
- We wonder together about what your baby is thinking and feeling.

